



JOB VACANCIES

No current vacancies

Contact People & Culture for more info

MEDICAL CLINIC HOURS

Please note that changes to days/hours can occur at any time so please contact our medical receptions for availability.

Please note Dr Christine Wilson has now finished with Winda-Mara.

HEYWOOD

Tues 10 - 4 Dr Kerr

HAMILTON

Thur 9 - 5 Dr Kerr

LOCUM DOCTOR FOR MARCH

Dr Singh will be available for appointments during March for 3 weeks.

Tues 4, Wed 5

Tues 11, Wed 12, Thur 13

Mon 17, Wed 29, Thu 20

ALLIED HEALTH SERVICES

Allied Health Services are available to community members including massages, podiatry, optometry, and audiology.

Share your Feedback

- ▲ Compliments
- ▲ Complaints
- ▲ Comments

Help us improve our services



www.windamara.com.au/feedback

WHAT'S ON THIS MONTH!

WEEKLY ACTIVITIES

- Tue Breakfast Club (Hey)**
7:45am - 8:30am
- Wed Willarn Playgroup (Ham)**
11am - 1pm
- Building The Dream (Hey)**
3:30pm - 4:45pm
- Building The Dream (Ham)**
3:30pm - 4:30pm
- Thu Willarn Playgroup (Hey)**
10am - 12pm
- Elders Group (Hey/Ham)**
11am - 2pm
see calendar inside
- Fri Recovery Group (Ham)**
11am - 1pm
- Friday Feedz! (Hey)**
4pm - 6pm (for KKM youth)
- TBC Youth Drop-In Centre**
dates TBC, info to come

OTHER ACTIVITIES

- Tue 4 Pancake Day (Hey)**
7:15am onwards
- Wed 5 Young Women's & Men's Groups (Hey)**
4pm - 6pm
- Thu 13 Health Info Session World Kidney Day (Hey)**
10am - 12:30pm
- Wed 19 SALO Visit (Ham)**
10am - 3:30pm
- Wed 19 Young Women's & Men's Groups (Ham)**
4pm - 6pm
- Thu 20 SALO Visit (Hey)**
10am - 3:30pm

ALLIED HEALTH

- W/Th/F Counselling**
Wed 10am-3pm (Ham)
Th/F 9am-4pm (Hey)
- Thu 6 Podiatrist (Ham)**
1:30pm - 5pm
- Fri 7 Optometrist (Ham)**
9am - 12pm
- Tue 4 HRH Dietitian & 18 Diabetes Educator (Hey)**
9am - 5pm
- Wed 12 Massage (Hey)**
10am - 3:30pm
- Thu 13 VAHS Dental (Melb)**
All day
- Thu 13 Respiratory Clinic (Hey)**
9am - 5pm
- Thu 13 Dietitian (Ham)**
1pm - 5pm
- Fri 14 Massages (Ham)**
10am - 4:30pm
- Wed 26 Hearing Australia**
9:30am - 3:30pm (Ham)

- Thu 20 Mouthguard Program (Warrnambool)**
Appts from 2-4pm
- Wed 26 Men's Group (Hey)**
5pm - 8pm
- Sat 29 Koori Karnival (W'bool)**
10am - 4pm

COMMUNITY DINNER

- Wed 12 Heywood 5:30pm**
21 Scott St
- Tue 25 Hamilton 5:30pm**
39 Hammond St

CONTACT US

Heywood (Main Office)
P: 03 5527 0000

Heywood (Medical)
P: 03 5527 0060

Hamilton (Medical)
P: 03 5527 0090

Heywood (Main Office & Medical)
21 Scott St (PO Box 42)
Heywood VIC 3304

Land Management
598 Henty Highway
Portland VIC 3305

Hamilton (Medical Clinic)
107 Thompson St
Hamilton VIC 3300

Hamilton Community Services & Family Services Office
39 Hammond St
Hamilton VIC 3300



Find us on Facebook/Instagram!

www.windamara.com.au

STAFF UPDATE

NEW STARTERS

Georgia Muldoon | Integrated Family Services Practitioner
Braydon Saunders | TCP Peer Support and Cultural Mentor
Maddi Kanoa | Playgroup Support Worker
Maddie Barr | Work Experience, Community Services
Isiah Taylor | Work Experience, Family Services
Theo Whyman | Work Experience, Land Management

NEW ROLES

Emma Lynch | Integrated Family Services Practitioner

WORK EXPERIENCE FOR OUR YOUNG MOB!

In February we've been lucky enough to have three of our young mob start their employment journey in work experience roles across different areas of Winda-Mara. Maddie has started with our Community Services team learning about the various programs we run for our community and getting that hands on experience of the work that goes on behind the scenes to give our mob so many deadly experiences and ways to connect. Theo has come on board with our Land Management team who have given many young people work experience opportunities. Theo is able to get out on Country and learn how we care for and protect our land.

WURRUK!

Louise Fadersen | Kinship Case Manager
Haylee Blurton | Budj Bim Ranger Trainee
Lynne Peters | Maternal and Child Health Nurse
Kelly Barber | Family Violence Senior Case Manager
Tash Nepean | Koori Preschool Assistant
Dr Christine Wilson | General Practitioner

Visit www.windamara.com.au/employment to view any current vacancies. For enquiries and to apply, please email peopleandculture@windamara.com

Isiah is working with our Family Services team learning about the multiple services we provide to ensure our clients are culturally safe and are able to work towards the best possible outcomes for themselves and their family with our support.

We love being able to see our young people gain this work experience with us. It gives them the opportunity to learn more about the many different areas of employment within Winda-Mara and the ways in which we service the community.

For work experience or casual working opportunities at Winda-Mara, contact peopleandculture@windamara.com

COMMUNITY DINNER 2025 DATES

HEYWOOD

Wednesdays 5:30pm

21 Scott St

- 12 March
- 9 April
- 14 May
- 11 June
- 9 July
- 13 August
- 10 September
- 8 October
- 12 November

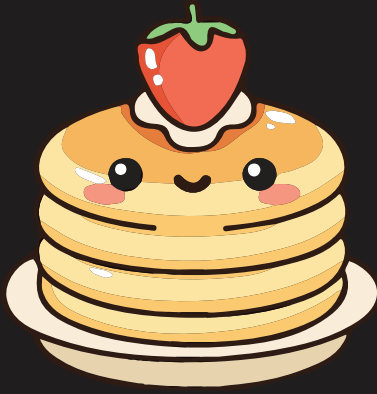


HAMILTON

Tuesdays 5:30pm

39 Hammond St

- 25 March
- 22 April
- 27 May
- 24 June
- 22 July
- 26 August
- 23 September
- 21 October
- 25 November



PANCAKE DAY!

Tuesday 4 March

7:15am onwards

21 Scott St Heywood

Heywood Breakfast Club invites all our mob to come and join us for a Community Breakfast for National Pancake Day!

- 👉 Fresh made pancakes with a variety of toppings
- 👉 Cereal & toast also available

TRANSPORT

- 👉 Pick-ups at 7:15am & 7:40am
- 👉 Drop-offs to Heywood kinder & schools
- 👉 Drop-offs to bus stops in Heywood for Portland/Hamilton school students

RSVPs

- 👉 Provide dietary requirements by Fri 28 Feb
- 👉 RSVP for transport by Mon 3 March by 5pm

CONTACTS

sarahwilson@windamara.com | taylawakely@windamara.com



RICCI MARKS AWARDS 2025

On February 26, we had three of our deadly youth invited to attend the Ricci Marks Awards in Melbourne after being shortlisted nominees.

Our nominees were Braydon Saunders, Djakira Hope and Lashay Blurton with Braydon receiving the Ricci Marks Award and Djakira receiving the Rising Star Award!

The Ricci Marks Award recognises the significant achievements and aspirations of young First Nations people living in Victoria.

The Ricci Marks Rising Star Award recognises young First Nations people living in Victoria, who demonstrate significant promise and potential.

Braydon, a proud Gunditjmara man, is passionate about preserving and sharing his culture through his tourism company Black Swan Cultural Tours and previous work he has done with Parks Victoria to promote the Budj Bim Cultural Landscape. Braydon also co-created the Native Nations program which won a New Zealand Tourism Award for Industry Collaboration and Alignment.

He is a mentor for the Koondoom Yarkeen dance group, collaborates with schools to share Gunditjmara stories, serves as Chairperson of Winda-Mara Housing Ltd and sits on Winda-Mara's Board of Directors, plus many more community-focused efforts.

A strong, community-minded man who works to strengthen our mob in any way he can, making him so deserving of this deadly award!



The Rising Star Award Winner Djakira is a proud Gilgar Gunditj and Gunai Kurnai woman dedicated to improving Mental Health in our community. Qualified in Mental Health, including as a facilitator of Youth Aboriginal and Torres Strait Islander Mental Health First Aid, Djakira hopes to deliver the course to our community, schools, clubs and beyond.

She is also training in Play Therapy and working with Autism in young kids with an aim to commence a degree in Social Work while working with Winda-Mara's Social Emotional Wellbeing Team.

Djakira is an active member in our community, providing mentorship and support to our younger mob with the aim to give them the same opportunities and support that she had when she was younger to allow her to accomplish whatever she sets her mind to.

Shortlisted for the awards was Lashay Blurton, a proud 21-year-old Noongar, Yamitji and Gunditjmara woman working as a Budj Bim Ranger with Winda-Mara's Land Management Team and community mentor. She has transformed from a participant in Winda-Mara's Karreeta Koorng Maar Youth Program into a role model, guiding younger generations in cultural preservation and land management, including cultural burning practices.

Lashay embodies resilience, leadership, and dedication, making her a strong candidate for these awards, inspiring her community and empowering youth to embrace cultural pride and pursue their goals.

Ricci Marks spent valuable time with us in Heywood, actively engaging with our community, Winda-Mara, and the Heywood Football Netball Club. His presence made a meaningful impact on those around him, fostering positive connections and inspiring many. He particularly resonated with our mob, leaving a lasting impression through his genuine interactions and contributions.



COMMUNITY SERVICES



MEN'S GROUP

UPCOMING DATES

Wednesdays 5pm - 8pm

Heywood Work Shed
12 Lindsay St Heywood

- ^ Food & drinks provided
- ^ Dates/times subject to change

CONTACT

Richard Bamblett
0411 832 580
richardbamblett@windamara.com

^ 26 March

^ 23 April

^ 28 May

ELDERS ACTIVITIES

MARCH 2025

Thursdays 11am

HEYWOOD CONTACT

Aunty Ros Pevitt
0431 786 995

HAMILTON CONTACT

Jacqui Primmer
0434 032 231

6 Mar Yarn 'n' Eat
Hamilton

13 Mar Health Info Session
for World Kidney Day
Heywood

20 Mar BINGO
Hamilton

27 Mar Eating with Friends
Heywood Rural Health



All Elders activities are for both Heywood and Hamilton Elders

SHERIFF ABORIGINAL LIAISON OFFICER VISITS

HAMILTON

10am - 3:30pm
107 Thompson St

- ^ Wed 19 Mar
- ^ Wed 9 April

HEYWOOD

10am - 3:30pm
14 Lindsay St

- ^ Thu 20 Mar
- ^ Thu 10 Apr
- ^ Wed 20 Apr

- ^ Help for all fines and Sheriff inquiries
- ^ Help with outstanding fines and warrants
- ^ For Aboriginal & TSI community members

CONTACT

Richard Bamblett on 0411 832 580
richardbamblett@windamara.com

Also available at DWECH Portland: 5 Mar, 26 Mar, 16 Apr

WINDA-MARA WINS BEST FLOAT AT WOOD, WINE & ROSES FESTIVAL!

Every year on the last Saturday in February we have a deadly time getting ready for and entering our float in the Wood, Wine and Roses Festival in Heywood!

This year's theme was 'Animals Big and Small', and we chose the Gunditjmara totem, Wilarn (Yellow-Tailed Black Cockatoo), as our inspiration.

A huge thank you to everyone who helped bring our float to life. A special shout-out to Jenna and the Community Services team for all their hard work, and to all the community members who supported us.

We are thrilled to share that we took out first place for Best Float – what an incredible achievement! A massive thank you also to our CEO Johnny Bell, who braved the 38-degree heat as our deadly big Wilarn.

Lastly, a big mention to all the other amazing floats that community members were involved in such as Heywood Kindergarten, Heywood Primary and Secondary schools, vintage cars, and many more. It was a fantastic day celebrating community, culture, and creativity. Looking forward to next year!



YOUTH INVOLVEMENT IN THE NEXT GENERATION ACADEMY

On February 8 we had one of our youth mentors Leon Davis take 4 of our youth to the Western Regions Cup 2025.

This was a great opportunity for the young men and they all really enjoyed the experience. A big thank you to Leon.

The AFL Club Next Generation Academies are a joint initiative between the AFL and AFL Clubs, aimed at increasing the opportunities for young people to learn about and play footy.



BREAKFAST CLUB IS BACK FOR TERM 1!

With Term 1 underway, our Heywood Breakfast Club has a new day and the location we're now running on Tuesdays at 21 Scott Street.

We've been seeing a fantastic turnout each week, and everyone is getting excited with sneak peeks of our new community garden space—it's coming together nicely!

This term, we've introduced an attendance prize for the person who comes along the most - Uncle Jason Walker is currently the one to beat!

We can't wait to see you there! We have a range of breakfast selections, including fruit, toast, cereal, pancakes, and more. If children or youth have any dietary requirements, please let us know so we can cater accordingly.



BREAKFAST CLUB!

Tuesdays 7:45 - 8:30am

21 Scott St Heywood

👉 7:45am pickups available
(names to Sarah by 5pm Mondays)

👉 Doors open from 7:45am

👉 Drop-offs to Kinder, Primary & Secondary Schools if required

CONTACT

Sarah/Tayla

sarahwilson@windamara.com

taylawakely@windamara.com

👉 School lunchbox snacks

👉 Widespread breakfast options



OUR BUILDING THE DREAM AFTER-SCHOOL PROGRAM IS BACK!

We're excited to share that our Building the Dream program is back for the new year with plenty of deadly activities planned!

We've already had a great start, making the most of the hot weather with a pool afternoon, followed by a fun arts and crafts session.



SCHOOL LUNCHEES WITH OUR BUILDING THE DREAM TEAM

Our Building the Dream workers have been making their way around schools in both Heywood and Hamilton, sharing lunch with Indigenous students.

These lunch catch-ups are a great way for our youth team to connect with students, build relationships, and

have a yarn about upcoming activities and programs.

We love the chance to sit down, share a meal, and stay connected with our young mob throughout the school week.



**BUILDING
THE DREAM**

**AFTER
SCHOOL
PROGRAM**

Wednesdays 3:30pm

21 Scott St Heywood &
39 Hammond St Hamilton

- ☝ These sessions will include a mix of cultural strengthening activities, educational sessions, and skill-based workshops
- ☝ We've got plenty of deadly, diverse, and engaging activities planned - there's something for everyone!
- ☝ Depending on upcoming events, such as sporting carnivals, we may incorporate training sessions to prepare participants

CONTACT

Sarah 5527 0000 or Tayla 5527 0077

MARCH ACTIVITIES

- 5th Plants & Craft activity
- 12th Cooking afternoon
- 19th Harmony Day activity
- 26th Easter activities

IMPORTANT INFO

- ☝ Names must be provided in advance for attendance
- ☝ If kids plan on attending, please ensure names are given to Sarah or Tayla before 12 PM on Tuesdays. Pickups are available from both Heywood and Hamilton schools for those who RSVP.
- ☝ Participants must be collected by a parent/guardian at times below. (Heywood 4:45pm, Hamilton 4:30pm)

YOUNG MEN'S & WOMEN'S GROUPS

Our Young Men's & Women's groups are back for 2025 after a successful start to this new activity last year. We've had a deadly turnout for our Heywood groups especially, and our Hamilton group kicking off well for our first session of the year with some arts and crafts creating some deadly paintings while creating some new connections with other young people in the community.



YOUNG MEN'S & WOMEN'S GROUP

HEYWOOD

- Wed 5 March
- Wed 2 April
- 4pm - 6pm
- 21 Scott St

HAMILTON

- Wed 19 February
- Wed 19 March
- 3:30pm - 5pm
- 39 Hammond St

TRANSPORT

Transport options are available
Please contact Tyleah prior to sessions to discuss

CONTACT

Tyleah Barr
tyleahbarr@windamara.com

WILLARN PLAYGROUP

HAMILTON

HEYWOOD

- Wednesdays
- 11am - 1pm
- 39 Hammond St
- Thursdays
- 10am - 12pm
- 24 Hunter St
- Join us for fun activities, morning tea supplied
- Open to ages 0-5 not attending school
- Children must be always supervised by a parent/guardian
- New families and children welcome

CONTACT: Sarah | sarahwilson@windamara.com



FRIDAY FEEDZ!

Fridays 4pm - 6pm
21 Scott St Heywood

Come along and cook up a deadly feed!

For Youth 12 - 25 who are part of our
Karreeta Koornong Maar Program

CONTACT

Tyleah Barr
tyleahbarr@windamara.com



KOORI WAYS YOUTH PROGRAM



Attend sessions and receive a Koori Ways rugby jumper!

Size XS-3XL

Learning about the harmful effects of tobacco smoke and vaping

Wednesdays 3:30pm - 4:30pm
starting Wed 26 Feb for 5 weeks

39 Hammond St Hamilton

CONTACT
Tyleah Barr | tyleahbarr@windamara.com

- For Secondary School youth
- Learn about the harmful effects of tobacco smoke and vaping
- Become a leader in your community, supporting family or friends on their own QUIT journey
- Prepare and cook healthy nutritious meals for dinner
- Experience the fun VR reality set which shows the impacts of nicotine on different people

HEALTH

ALLIED HEALTH VISITS

PODIATRIST (Ham)
Thursdays 1:30pm - 5pm
6 Mar | 10 Apr | 8 May

DIETITIAN (Ham)
Thursdays 1pm - 5pm
13 Mar | 3 Apr | 15 May

VAHS DENTAL (Melb)
Thursdays
13 Mar | 10 Apr | 8 May

RESPIRATORY CLINIC (Ham)
Thursdays
13 Mar

OPTOMETRIST
Tuesdays (Hey) 9:30am-3:30pm
1 Apr | 27 May
Fridays (Ham) 9am-12pm
7 Mar

HEARING AUSTRALIA
Wednesdays 9:30am-3:30pm
26 Mar (Ham) | 30 Apr (Hey)
28 May (Ham) | 25 Jun (Hey)

HRH DIETITIAN & DIABETES EDU
Tuesdays 11am-12pm (fortnightly)
4 Mar | 18 Mar | 1 Apr | 15 Apr | 29 Apr

MASSAGES
Weds 10am-3:30pm (Hey) 12 Mar
Fris 10am-4:30pm (Ham) 14 Mar

COUNSELLING
Weds 10am-3pm (Ham)
Thu/Fris 9am-4pm (Hey)

South West
Healthcare



Mouth Guard Program for Aboriginal Kids (Under 18)

The South West Healthcare Dental Team offers free mouth guards to Aboriginal children under 18, funded by the Aboriginal Programs department at South West Health Care.

To access the service, book an appointment by calling (03) 5564 4250.

Upcoming Date and Time:

20 March 2025 between 2pm and 4pm

Before your appointment:

- Complete the patient information form provided by your local Aboriginal service or obtain one at the dental clinic upon arrival, allow for extra time before your appointment to fill in the form.
- Ensure the form is signed by a parent/guardian.

On the day of your appointment:

- The clinic is located at South West Community Health, 287 Koroit St, Warrnambool.
- Upon arrival, enter through the main entrance, go down the stairs, and turn to reach the dental clinic (follow signs or ask the receptionist).
- The consultation will take approximately 10-15 minutes.



Our Aboriginal Health Worker Jess will be transporting kids from Heywood to Warrnambool on 20 Mar. If you would like your child to attend, please contact Jess as soon as possible on 5527 0064 or email jesslovettmurray@windamara.com

HEALTH INFO SESSION FOR WORLD KIDNEY DAY

with our Dietician, Dr Danielle Lee

Thursday 13 March
10am - 12:30pm

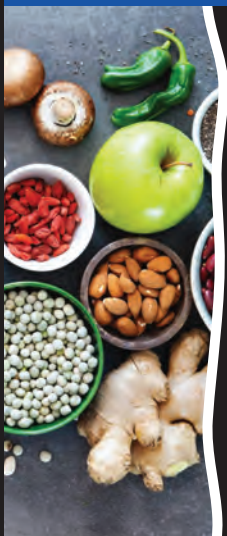
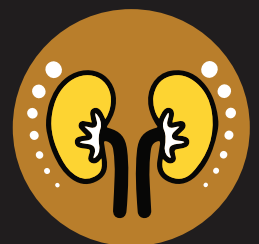
21 Scott St Heywood

CONTACT

Aunty Tina Wright on 5527 0090
or tinaw@windamara.com

- Enjoy some healthy tucker
- Get information about how you can help your kidneys by eating food for better kidney health
- Ask our Dietician any food/diet questions
- Bring your own healthy recipes for our Healthy Cook Book

Lunch provided



GET A PAIR OF KOORI KROCS!



Complete your 715 health check with Winda-Mara and receive a pair of Koori Krocs!

Health checks only take 45 mins

BOOK YOUR APPOINTMENT TODAY

Heywood 5527 0060

Hamilton 5527 0090 **Only Youth sizes available*



Yarn SMART Recovery Meeting

Yarn our Way, Heal Your Way: Yarn Smart

Fridays 11am | 107 Thompson St Hamilton

Come and yarn about gambling, drug & alcohol use, or any other behaviour of concern.

Open to any mob that would like to have a yarn in a supportive, no shame, group environment.

YARN SMART CAN HELP WITH

- 👉 Motivation
- 👉 Learning skills to cope with cravings
- 👉 Managing thoughts and problem behaviours
- 👉 Balancing lifestyle

CONTACTS

Kylie Briggs & Brad Sprague
0491 958 001 (Kylie)



Register here!

KOORI KARNIVAL

PRESENTED BY THE KOORI WAY, DWECB, GUNDITJMARA ABORIGINAL COOPERATIVE KIRRAE HEALTH SERVICE & WINDA-MARA ABORIGINAL CORPORATION

MAR 29

WARRNAMBOOL SHOWGROUNDS



This FREE Community event by Mob for Mob will include amusements, live music, blak markets, food, cultural activities and more, bringing Mob together for a fun day out, while promoting healthy smoke and vape free lifestyles.





YOUR ATSI HEALTH CHECK



- ✓ **Aboriginal and/or Torres Strait Islander**
 - ✓ **Have a Medicare card**
- You're eligible for a yearly ATSI Health Check!**

Supporting health with free annual health checks

This health check is important. It can help identify whether you're at risk of illnesses or chronic conditions. It's much easier to prevent these than to treat them, so catching them early can make a big difference.

If you have a chronic condition, your health check can help make sure you are getting the medication and care you need.

You can also ask your doctor about anything you're worried about or need help with.

Your doctor can only do this health check if you agree. You can have it every 9 to 12 months, and it's free at any Aboriginal Medical Service or bulk-billing clinic.

After your health check, your doctor can refer you to up to 10 free follow-up services if needed, like:

- a specialist or another health service
- a counsellor
- a service that works to prevent chronic conditions.

What happens at a free annual health check

Your health check can take up to an hour. As well as the doctor, you might also see a nurse, an Aboriginal or Torres Strait Islander health worker or another health practitioner. Your check will depend on your age and circumstances, but your health professional might:

- check your blood pressure
- check blood sugar levels
- measure your height and weight
- do a blood test
- do a urine test
- ask about the health of your family
- talk to you about your health priorities and goals
- do other tests, as needed.

Remember that it's your check, so have a yarn with your health worker about any worries you have.



Please contact our Medical Clinics to book your ATSI Health Check appointment today!
Heywood 5527 0060, Hamilton 5527 0090



**Your health is
in your hands!**

FAMILY SERVICES

CARER KAFE - FREE TRAININGS FOR CARERS IN MARCH

Free carer trainings, free informational podcasts, and carer retreats. <https://carerkafe.org.au/>

Visit Carer Kafe



Carer Training and Resources

Specialist topics:

- 🔥 Creative Art and Self Care
Tue 11 Mar Tue 18 Mar, Tue 25 Mar
7:30pm - 9:30pm via Teams
- 🔥 Emotional Intelligence and the Importance of Emotion Coaching Kids in Care -Part 2
Thu 13 Mar 10am - 12:30pm via Zoom
- 🔥 Online Safety and Wellbeing for Children in Care 0-18
Tue 18 Mar 7:30pm - 9:30pm via Zoom

Courses:

- 🔥 Caring for Aboriginal or Torres Strait Islander Children - Nikara's Journey (two day course)
Tue 4 Mar & Wed 5 Mar 9:30am - 3:30pm via Zoom

Kinship Carer Victoria Wellbeing Podcast:

- 🔥 The Benefits of Hobbies (15mins) <https://www.podbean.com/ep/pb-ubcey-1451754>
- 🔥 Carer Learning and Development (20mins) <https://www.podbean.com/ep/pb-vb35i-145dd0b>
- 🔥 Nutrition (19mins) <https://www.podbean.com/ep/pb-jarn9-1491e7f>
- 🔥 Benefits of Play (30mins) <https://www.podbean.com/ep/pb-pyrbv-14c344a>

Webinar for Kinship carers:

- 🔥 Belonging Matters: Supporting Children and Young People through Bullying Challenges - <https://youtu.be/B59CAULkn0>
- 🔥 Coping with Loneliness and Social Isolation as a Carer - https://youtu.be/7jGAQ_IPJQw
- 🔥 Permanent Care Conversion - <https://youtu.be/mjK5dJ4qGeg>

If anyone has any issues or needs help to enrol in any of these trainings please contact Hannah Grayson on 0497 745 115 or Lita Aupa'au on 0467 706 908

Every month the kinship team will be adding new Podcasts where you can hear from other kinship carers, psychologists, and doctors.

Have you ever thought about becoming a **RESPITE CARER?**

Call 03 5527 0000 to talk to our Family Services Team

Winda-Mara are in need of new Respite and Emergency Carers

Care can look how you want it to look. One weekend a month, once a fortnight, or time during the school holidays.

Help our kids remain connected to community, by supporting our long-term carers to give them a short break.

Kinship carers keep our children connected to **Family, Community and Culture.**

WINDA-MARA FAMILY VIOLENCE UNIT

ngootyoonooyt ba peeneeyt - 'safe and strong'

Free specialist family violence services to all members of our community who have experienced any form of family violence.

If you are in immediate danger call Triple Zero (000)

How can we help?

Assessing Risk & Safety Planning
Family Violence Education
Connection with Counselling & Support
Advocacy & Referrals
Making Your Home Safe
Connection with Legal & Court Support
Case Management - Long or Short Term

Contact for support

Aboriginal and Torres Strait Islander community members can contact our Family Violence team on 5527 0020. Otherwise, the Warrnambool Orange Door is the main entry point for people seeking family violence support. Call 1800 271 180.

Winda-Mara and the Orange Door do not provide a 24-hour crisis response service.

After-hours support

Safe Steps 1800 015 188	Djirra 1800 888 236
Lifeline 13 11 14	Men's Line 1300 789 978
1800RESPECT 1800 737 732	Dardi Munwurro 1800 435 799



FIRST PEOPLES' ASSEMBLY OF VICTORIA

Statewide Treaty

COMMUNITY EXPLAINER



People thrive when they can set their own course in life. When they can make choices about what works best for them and their families based on their own needs, experiences, talents and aspirations.

When it comes to Aboriginal communities, cultures and lands, **the experts are of course Aboriginal people.**

That's why we want Treaty to ensure Aboriginal communities always have the ability to come up with and deliver practical solutions at a local level.

ALWAYS WAS, ALWAYS WILL BE,

ABORIGINAL LAND.

Our sovereignty will never be ceded.

We want decisions about First Peoples to be made by First Peoples, for First Peoples. That's why self-determination is at the heart of all we do, our guiding principle – it's not just the destination, it's how we get there.

We will exercise our inherent rights as First Peoples, maintain our continuing connection to Country and uphold our cultures, Lore and law.

And, you have our commitment to making sure we earn and maintain the continual backing of Community – the Statewide Treaty will be a "living" document. The signing of this Treaty will be the first step in a bigger journey.

If you're mob from or in Victoria, and are 16 years old or over, enrol today to have your say and help get Treaty done!

firstpeoplesvic.org/enrol



Treaty

A living document for the generations

We want the first Treaty agreement – the Statewide Treaty – to both facilitate an ongoing process, and also deliver tangible improvements to the lives of Aboriginal people now.

To make sure it's First Peoples who are making the decision about First Peoples issues, we think an important first step is to expand the roles and responsibilities of the First Peoples' Assembly so it can help deliver better outcomes for our communities.

We'll be pushing for a future version of the First Peoples' Assembly that has meaningful decision-making powers, independence from Government, and various functions that will contribute to Victoria's democratic landscape and good governance.

Decision-Making Powers About First Peoples' Matters

Accountability

Knowledge, Skills and Training

Democratic Representation and Advocacy

Ceremonial Roles

Truth-Telling and Healing

Guidance and Advice Across Government

Better Resourcing and Evaluation

Practical outcomes: Ideas we've heard!

We're still gathering ideas and feedback for what else the Statewide Treaty should deliver.

The future version of the Assembly will set the stage for generations of progress, but we also want to use this opportunity to secure tangible improvements right now.

We've heard heaps of deadly ideas and now need to focus on setting the priorities.

EDUCATION

HEALTH

JUSTICE

HOUSING

CULTURE

LAND

ELDERS

YOUTH

WHAT'S NEXT?

Treaty negotiations between the First Peoples' Assembly and the Victorian Government are getting underway!

These negotiations are about the first Statewide Treaty.

The first Statewide Treaty will make sure our communities are properly represented and can use local knowledge to come up with practical solutions to improve the lives of our people across the state.

There are some things we already know that we are going to push for in the Treaty negotiations – based on the many discussions to date and all the feedback we've received from mob and the experts in our community organisations.

There are also many topics we are still working on.

This flier is to help explain the ideas and concepts we're exploring and to encourage you to have your say.

We want your feedback, because it's your Treaty!



VIEW TREATY COMMUNITY EXPLAINER HERE

HEY MOB! WHAT WOULD YOU LIKE TO SEE?

SCAN THE QR CODE TO HAVE YOUR SAY!

